

Flash In The Pan: Spice Up Your Wok, Noodles And Stir-Fries By Good Housekeeping Institute

By Good Housekeeping Institute

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it is not as necessary for cooked noodles and potatoes because their high starch content enables them a flat pan such as a wok, Culinary Institute of
https://en.wikipedia.org/wiki/Deep_frying

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Il termine Wok pan presente in lingua inglese su Wikipedia e viene descritto come segue: including stir frying, steaming, pan frying, deep frying, poaching,
http://it.cyclopaedia.net/wiki/Wok_pan

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http://www.booklovers.co.uk/browse_genre.asp?CatView=Cookery&startLetter=c

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